

# *gilda gram*

SUMMER 2018

## S'mores, Mosquitos, Kids Kamp ... and Cancer

Summer is officially here! It is a time often spent in the pursuit of outdoor adventures, family fun, special traditions, and the building of memories that can last a lifetime. It is s'mores and summer camp; lazy days spent reading a favourite book; scoops of ice cream; long family road trips; mosquito bites; fish tales and more! For over 220 children and youth in our Gilda's Club Simcoe Muskoka community, summer also includes cancer.

Cancer knows no holiday. In the same way that it does not discriminate against whose life it touches, it also certainly does not take July and August off. For this most important reason, as a cancer support community, it is business as usual for us at Gilda's Club Simcoe Muskoka. Our red door will be open this summer: our support groups will continue to meet each week, the coffee pot will remain on, and the art and yoga classes will be full. One very special difference however is that on many days, you will also find sun hats, flip-flops, and knapsacks piled up in our lobby. You will hear shrieks of laughter, feel the bubbling of an extra special kind of energy, and find glitter paint and all sorts scattered throughout the Clubhouse. Summer 2018 Kids Kamp has arrived at Gilda's Club Simcoe Muskoka and we would not have it any other way!

For the children, youth and families of Gilda's Club Simcoe Muskoka, it is summertime and that means Kids Kamp days full of fun adventures, new friends and support. As an organization, we embrace living with cancer in our lives. Our summer Kids Kamp programming allows these children and their families to be children and families first, the 'cancer family' second. Our commitment to them is that they not face cancer alone as a family. Especially for the summer, our mission is to ensure that each and every child has a special memory that they can share the first week back to school in September. The stress of a parent or child on treatment, the significant financial barriers, the sheer logistics of juggling schedules and children can be overwhelming for families at any time, the summer most especially. We are doing our part and having a little (a LOT) of fun along the way!

We remain especially grateful to our many partners and supporters who make this special summer programming possible, as they do our entire program of cancer support all year long!

Wishing you a summer full of your own special memories and sunshine. And don't forget to be sun safe!

Yours in cancer support,

*Kristen Dawson*  
CEO

## WELCOME LEO!

Our new Program Director Leo Lobbstaal is thoroughly excited for the opportunity to be part of the Gilda's Club family. He comes to this position as a Registered Psychotherapist with over 10 years of experience in mental health. He believes deeply that living in itself involves suffering and freedom from suffering involves our ability to find our own voice/truth/path/ wisdom from within ourselves. Leo has specialized in helping people develop and explore this life within and expand in a world that is difficult to navigate at times.

Leo has worked extensively with complex trauma, addiction, anxiety, depression, loneliness, relationships, communication and systems issues within couples, families, organizations and teams. He shares that his orientation to supporting others is not about "fixing you" but "understanding you, accepting you and allowing you to shine". Leo is excited and honoured to bring his experience and understanding to the Gilda's community in support of individuals touched by cancer.

So That No One Faces Cancer Alone.™



**TAKE  
ON** CANCER  
TOGETHER  
JOIN. GIVE. ACT.

# GILDA'S CLUB SIMCOE MUSKOKA EVENTS



On behalf of everyone at Gilda's Club Simcoe Muskoka, we would like to extend a heartfelt thank you to the generous sponsors and wonderful attendees of this year's 11th annual On a Sunday Afternoon...at the Lake party. It was another spectacular event, and we are truly grateful for your commitment to our cancer support community, and your dedication to helping us continue to ensure that no one faces cancer alone.

Thank you to all of our amazing sponsors!

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## Red Door Sponsors



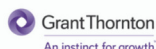
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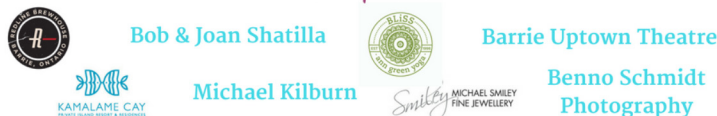
## Scarlet Sponsor



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## In Kind Sponsors



Special thanks to: Cravings Fine Food | cupCAKE | Groovy Tuesday's | J'Adore Fine Cheese | Michael & Marion's | South Street Burger

Register now for the **HURONIA ONTARIO CPA NINE AND NETWORKING CHARITY GOLF TOURNAMENT** benefiting Gilda's Club.  
Wednesday, September 12<sup>th</sup>, 3:00 pm Shotgun Start.  
Visit our website for more details.

**BOCCE PALLOOZA** is back for a 6<sup>th</sup> year on Saturday, September 8<sup>th</sup>! Registration opening soon – keep an eye out on our website for details and how to sign up for this **EPICALLY** fun event!

## BEYOND THE RED DOOR SOCIETY

The Beyond the Red Door Society is made up of an outstanding group of donors who have made a long term financial commitment to Gilda's Club Simcoe Muskoka. Their support will help us to ensure that no one faces cancer alone, both now and in the future!

### Our sincere thanks to the members of the Beyond the Red Door Society:

David Avard & Lesa Bowen  
B & I Truck Parts Inc.  
Ken & Nancy Bailey  
Brokerlink Slessor & Periard Insurance  
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Christine Charlebois  
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For more information on the Beyond the Red Door Society please contact Katherine Speirs at 705-726-5199 x 227 or [katherine@gildasclubsimcoemuskoka.org](mailto:katherine@gildasclubsimcoemuskoka.org).



# HIGHLIGHTS OF "KICK OFF TO SUMMER BBQ" .....GILDA'S STYLE!



The sun was out, and the BBQ was fired up for a wonderful evening of creating memories and celebrating the installation of bricks in our "Gilda's Courtyard of Hope".

Thank you to everyone who joined us for our annual Kick Off to Summer BBQ! We are grateful for your continued support so we can continue to ensure that no one in our community faces cancer alone.

If you would like to purchase a brick in honour or in memory of someone, or would like to recognize a person, family or business, please contact the Clubhouse at 705-726-5199

**\*Currently accepting brick orders for Phase IV, to be installed in Spring 2019!**



## Support GILDA'S CLUB with a Do It Yourself Fundraiser!

From bake sales, dress down days at the office, haircuts and bingo nights, to golf tournaments, concerts, garage sales and more, you can turn anything that interests you into a fundraiser for Gilda's Club Simcoe Muskoka. We call them **Do It Yourself**, or **DIY Fundraisers**, and since Gilda's Club does not receive any government funding, the money raised through DIY Fundraisers has a significant impact on meeting our fundraising goal each year. Planning a **DIY Fundraiser** to benefit Gilda's Club can be an exciting and rewarding experience to get everyone involved! Whether you are a business looking to align your brand with Gilda's Club Simcoe Muskoka, or a community member or organization who has a fundraising event idea, don't hesitate to contact us. Your support is critical to ensuring our Red Door stays open and our program of cancer support remains FREE of charge, so we can ensure that no one faces cancer alone.™

**For more information on how you can get started on your DIY Fundraiser, please contact Anne Naumyk at 705-726-5199 x 228 or [anne@gildasclubsm.org](mailto:anne@gildasclubsm.org).**



## GET INVOLVED! VOLUNTEER AT GILDA'S CLUB SIMCOE MUSKOKA!

**Gilda's, A "Big Deal"** - In 2007, while working at RVH, Cancer Program, I was told that I must attend a presentation at the hospital regarding Gilda's Club... that Gilda's was going to be a "Big Deal"! And so I learned about the Red Door. I learned about Gilda's and how it would be an awesome support for our patients when the new Cancer Centre was opened. In time, I met the staff, toured the house, and was present for the Grand Opening in September 2010. After retirement, I explored possible volunteer opportunities and chose Gilda's Club. When asked how I would like to be involved, I thought it would be nice to learn about Gilda's from behind the red front door. So I became a greeter.

I look forward to my shift each Tuesday morning, and continue to be reminded that being a volunteer is as much about what you get as what you give. I thoroughly enjoy getting to know our members, hearing their stories, chatting about the general state of the world, and sharing a giggle. Sometimes we talk about hard things too. In my professional career, my encounters with patients were focused on a diagnosis. At Gilda's, we enjoy people without needing to know their story or how cancer has touched their lives. Gilda's is a safe and welcoming haven for our members. It has become a "Big Deal" for them as well. As I write this, it is Thursday and I am already looking forward to Tuesday and greeting the people who walk through the Red Door.



**Gilda's Volunteer  
Lois Hill**

If you'd like to have a meaningful and rewarding volunteer opportunity please connect with Susan Haiplik directly to learn more.  
Email: [susan@gildasclubsimcoemuskoka.org](mailto:susan@gildasclubsimcoemuskoka.org), call :705-726-5199 ext. 230 or drop by and say hello!

# GILDA'S GIVERS- A Monthly Giving Club!

At Gilda's Club, our goal is to change the cancer experience for anyone whose life has been touched by cancer. By joining our **Gilda's Givers Monthly Giving Club**, you are helping to ensure no man, woman, child or teen has to face cancer alone in your community.

A regular donation can make a lasting difference over time. From educational lectures and interactive workshops, to intimate support groups and lively social activities, your gift allows us to continue to provide our innovative program of cancer support free of charge for all those who have been impacted with cancer in our community.

How much can you donate each month? Any amount you want! \$10, \$20, \$50 or \$100, and anywhere in-between or more! Every donation makes a difference!

**Become a Gilda's Giver today!**

Visit [www.gildasclubsimcoemuskoka.org](http://www.gildasclubsimcoemuskoka.org) to join, or call Anne Naumyk at 705-726-5199 x 228 to learn more!



## CONTACT US



10 Quarry Ridge Road  
Barrie, ON L4M 5G1  
Telephone: (705) 726-5199  
Fax: (705) 726-7101

Email: [admin@gildasclubsimcoemuskoka.org](mailto:admin@gildasclubsimcoemuskoka.org)

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