

July 2021



## **GILDA'S CLUB SIMCOE MUSKOKA**

An Affiliate of the  
**CANCER SUPPORT COMMUNITY**

### ***The Past. The Present. The Future.***

We celebrated Gilda Radner's birthday this past Monday June 28<sup>th</sup> and reflected how 75 years later we carry her incredible legacy forward ***So That No One Faces Cancer Alone.***

We released our [2020 Annual Report](#). We proudly share a refreshed Logo that carries a lot of enthusiasm for our future. We revealed our first [Strategic Plan](#) document that details how ***Community is Stronger Than Cancer*** and where we are headed in the coming years.

Your Gilda's Club has accomplished great things in the face of incredible challenges this past year, and our success in serving our community is fueling a reinvigorated outlook to ensure that Gilda's Club meets the challenges of the future.

Share this GildaGram with someone and let them know that our free Cancer Support Program is here for them and their family. Join us in celebrating our first in-person program this Thursday July 14<sup>th</sup> (weather please cooperate), and take a look at the many ways you can play a role in our cancer community - we cannot exist without you and your support!

### **Welcome Kelly!**

We are pleased to announce that we have a new Board member here at Gilda's Club Simcoe Muskoka! So much incredible energy and enthusiasm is arriving at the Red Door that will help us support the Club visions and goals. Join me in welcoming Kelly Letourneau!

Kelly comes to Gilda's Club Simcoe Muskoka with over 10 years experience as a community advocate. Kelly has worked to advocate and educate on the topics of hospice, children and adults with physical disAbilities, heart health, and until recently, gender-based violence for the Women & Children's Shelter of Barrie. Kelly has spent the majority of her professional career championing for Barrie social services, small local businesses, and continues to use her voice to help create a bigger and better Barrie. Kelly is excited to use her community development expertise to serve Gilda's Club Simcoe Muskoka.

# (Mostly) Virtual Clubhouse & Program Activities

Mon	Tue	Wed	Thu	Fri
			<b>CLOSED</b> <b>CANADA DAY</b>	
5 10-11 Cancer 101 For Kids 11:30-12:15 Pilates	6 10-10:45 Gilda's Story Time 1:15-2 Movement for Physical Rehabilitation	7 10-10:45 Journaling 1-1:45 Families Connect: BINGO 1-2:30 Facing Forward Support 3-4 Qigong	8 10-10:45 Gentle Stretch 6:30-7:30 Men's Social	9 1:30-2:30 Member Social 9:30-10:30 Good Morning Slow Flow Yoga 1:30-2:30 Member Social
12 11:30-12:15 Pilates 3-4 Circle of Life Support 7-8:15 Family & Friends Support	13 1:15-2 Movement for Physical Rehabilitation	14 10-10:45 Journaling 10-11 Creative Movement: Dance (ages 5-8) <i>IN PERSON</i> 11:15-12:15 Creative Movement: Dance (ages 9-13) <i>IN PERSON</i> 3-4 Qigong	15 10-10:45 Gentle Stretch 3:30-4:30 Let's Get Quizzical: Trivia Social 7-8 Youth Bake Social	16 9:30-10:30 Good Morning Slow Flow Yoga 1:30-2:30 Member Social
19 <b>CLOSED</b> <b>PROFESSIONAL DEVELOPMENT DAY</b>	20 10-10:45 Gilda's Story Time 1:15-2 Movement for Physical Rehabilitation 6-7:30 Vibrant Landscapes	21 1-2:30 Facing Forward Support 3-4 Qigong 6-7 Blood Cancer Networking	22 10-10:45 Gentle Stretch 1-2:30 These Shoes Were Made For Walking 3-8 Families Connect: Ice Cream Sundae Social <i>IN PERSON</i> 6:30-7:30 Men's Social	23 9:30-10:30 Good Morning Slow Flow Yoga 1:30-2:30 Member Social
26 11:30-12:15 Pilates 3-4 Circle of Life Support 7-8:15 Family & Friends Support	27 11:30-1 Mid-Year Vision Boards 1:15-2 Movement for Physical Rehabilitation 7:00-8:30 Breast Cancer Networking	28 10-10:45 Journaling 10-10:45 Kids Mindfulness Series 3-4 Qigong	29 10-10:45 Gentle Stretch	30 9:30-10:30 Good Morning Slow Flow Yoga 1:30-2:30 Member Social

Questions or comments for our Cancer Support Program?

Email [program@gildasclubsm.org](mailto:program@gildasclubsm.org)!

## Camp Radner NEWS



**Pre-registration by Monday July 5<sup>th</sup> is required for all activities.**

**To Register email [program@gildasclubsm.org](mailto:program@gildasclubsm.org) or call 705-726-5199.**

### Camp Information?

[summercamp@gildasclubsimcoemusoka.org](mailto:summercamp@gildasclubsimcoemusoka.org)  
[jocelyn@gildasclubsm.org](mailto:jocelyn@gildasclubsm.org)

Camp Radner is a **FREE** camp for children ages 4-17 who have been impacted by Cancer. Our camp provides a variety of fun activities while also supporting children's psychosocial well-being. This year camp will be a mix of "virtual" and "in person" events, ensuring we follow provincial safety guidelines.



Pre-registration by Monday July 5th is required for all activities. To register and get your Zoom link, call 705-726-5199, or e-mail [program@gildasclubsm.org](mailto:program@gildasclubsm.org).

For more information about Camp Radner email Jaymie at [summercamp@gildasclubsimcoemusoka.org](mailto:summercamp@gildasclubsimcoemusoka.org) or Jocelyn at [jocelyn@gildasclubsimcoemusoka.org](mailto:jocelyn@gildasclubsimcoemusoka.org)



**Radner's Littles:** Ages 4-6  
Meet on Tuesdays at 1:00-2:30. Dates - July 13th, 20th, 27th, August 3rd & 10th

**Radner's Juniors:** Ages 7-9  
Meet on Wednesdays at 1:00-2:30. Dates - July 14th, 21st, 28th, August 4th & 11th

**Radner's Inbe'tweeners:** Ages 10-13  
Meet on Thursdays at 1:00-2:30. Dates - July 16th, 22nd, 29th, August 5th & 12th \* August 12th we run 1:00-2:00 AND SO MUCH MORE!!!



# Kempfenfelt Rotary Club Car Lottery



This is the last month to [get your tickets](#) to win a BMW 4 Series xDrive Coupe!

The model has been redesigned for 2021 and the distinctive new grille is sure to make heads turn. Thank you Kempfenfelt Rotarians!!

**Grand Prize Draw is on**  
Saturday July 31, 2021 – 2:15 p.m.  
**Runner Up Prize Draw is on**  
Saturday July 31, 2021 – 2:00 p.m.

***Proceeds are directed to three local charities, including Gilda's Club Simcoe Muskoka!***

## Daylilies - A Decade of Support

### *Douglas Lycell Award 2020* **Extra Large Daylilies 2nd place**



**Shannon Howes Jurgens**

**John Clarke**

### *Douglas Lycell Award 2020* **Best Extra Large Daylily**



**John Clarke & Tim Hobbs**

So many things to share with this one - I will start with ***"limited while supplies last"***.

Closely follow that with "recently won a first prize and a second prize in the Ontario Daylily Society 'Best Extra Large Seedling Contest'".

Lastly I share the fact that John has been doing a sale of daylilies since 2009 and I want your help to sell the ~700 that he has this July and August.

50% of proceeds support Gilda's Club Simcoe Muskoka and every bloom helps our Cancer Support Program.

Visit his Facebook page [Clarke Farms Barrie](#) page to learn more about this event. John will be selling his perennial daylily seedlings as bare root plants starting in July for \$5 each.

They come in a variety of colours and patterns and can be picked up at his home and a secondary garden.

You can contact John at [jjclarke@rogers.com](mailto:jjclarke@rogers.com) for confirmation of location, time and availability (Lillies should start blooming July 15<sup>th</sup>)

Once seedlings start blooming, John will post a few photos each day!  
***Thank you John for your long-time support!***



# Yoga and Cider Series

## Back by POPULAR demand!

Yoga and Cider last September was an absolute treat on the beautiful grounds of [Heritage Estate Winery and Cidery](#).

We are hosting the first event in a series at Heritage Estate on Thursday, July 15<sup>th</sup> and will be led by Ann Green of [BLISS Ann Green Yoga](#).

**Limited space available** - mail [admin@gildasclubsm.org](mailto:admin@gildasclubsm.org) to secure your spot today!

\$40 per person and will include Cider sampling courtesy of Heritage Estate and food sampling courtesy of [Parkside's Corner Market](#).

Mark Thursday, August 19<sup>th</sup> and Thursday, September 16<sup>th</sup> in your calendars, or ask to be placed on a waiting list!



## 15<sup>th</sup> Annual Red Door Classic Golf Tournament



Gilda's Club Simcoe Muskoka

### RED DOOR GOLF 50/50 RAFFLE FUNDRAISER

July 16, 2021 | 12:00 pm draw time  
10 Quarry Ridge Rd Barrie ON

\$20 per ticket



Our 50/50 raffle is back and draw will be done on Friday July 16<sup>th</sup> at noon.

**Less than 100 tickets** remain and now is your chance to grab your chance to win **\$10,000!!**

Call the Clubhouse for your ticket!

### Wednesday July 14<sup>th</sup> at Bear Creek Golf Club

Foursomes and Hole Sponsorship are still available if you [want to join](#) the 128+ golfers already registered and we have raised a record amount - this is going to be FUN!!

We are so thankful for our sponsors and supporters, and are looking forward to our first in-person event in over a year!

Full information is on our website, but you can also email [admin@gildasclubsm.org](mailto:admin@gildasclubsm.org) for more information or event details!

#### BOARD OF DIRECTORS

Ruth Watson – Board Chair  
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Eleanor Dath  
Patricia Gilbert  
Mark Jepp  
Mike Lassaline  
Kelly Letourneau  
Domenic Maccarone  
Lise McCourt  
Paulina Molnar  
Deb Van Natter  
Ashley Oliver  
Barbara White  
Kathryn Whitehead  
Jody Wood-Martin  
Natalie Ferguson  
Recording Secretary



10 Quarry Ridge Road  
Barrie, ON L4M 7G1

Telephone: (705) 726-5199  
Fax: (705) 726-7101

[admin@gildasclubsimcoemuskoka.org](mailto:admin@gildasclubsimcoemuskoka.org)

Charitable Registration # 87366 4205 RR0001

[WWW.GILDASCLUBSIMCOEMUSKOKA.ORG](http://WWW.GILDASCLUBSIMCOEMUSKOKA.ORG)

#### STAFF

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