

# *Community Is Greater Than Cancer*



Our free Cancer Support Program includes support groups, educational lectures and healthy lifestyle workshops for anyone impacted by cancer – men, women, teens, and children.



## **Gilda's Club Simcoe Muskoka** **2019 Annual Report**

*The mission of Gilda's Club Simcoe Muskoka is to ensure all people impacted by cancer are empowered by knowledge, strengthened by action and sustained by community.*

# Program Facilitators Program Team

## “The Difference Makers”



### Professional Support Group facilitators

Deanne Graham, BSW, MSW, RSW | Erica Pereira, MSW, RSW  
| Jenna Harney, MSW, RSW | Kaylen Leonienco, BSW, MSW, RSW

### Instructors

**Art:** Kimberly Evans-Milak | Lisa Harpell | Vivian Heliotis  
| Linda Osmond **Sewing & Quilting:** Ruth Campbell  
**Drumming:** Joe Adamick **Yoga:** Stephanie Helenn  
| Carol Phillips | Kate Rea **Pilates:** Maja Ognajanovich  
**Qigong:** Brenda Light-MacKinnon

### Workshop Instructors

Trish Allen, B.Sc., B.Ed., RHN, NNCP | Carol Kim, RHN  
| Eve Laws, RD, MAN | Eryn Atton, HOM, DCHM  
| Megan McConney, RD, MScFN | Ruth Christensen, MSW, RSW  
| Dr. Matthew Follwell | Dr. Sara Rask | Dr. Jason Yu

Sara Desroches MSW, RSW

### Program Director

Erin King (Browning) BSW, RSW

### Program Coordinator

Jocelyn Leworthy, MSc, CCLS

### Child, Youth

### & Family Coordinator



## Beyond The Red Door Society

Beyond The Red Door Society was established to sustainably meet the need for Gilda's Club Simcoe Muskoka program and service delivery. Sustainable support is needed to ensure the Gilda's Club continues to be able to offer all programs at no cost to individuals and families touched by cancer.

Please contact Aaron Lutes at 705.726.5199 to learn more.

## Our Members Give Thanks

“I absolutely love Gilda's. It's been a HUGE support for me. The workshops are informative and inspiring. And the staff's wonderful, caring and compassionate personalities have helped me during a very difficult time. I can't thank you enough!”

“I feel I would not have made it through my 2<sup>nd</sup> cancer if I didn't have Gilda's support. Gilda's has been a god's send to me!”

“I really enjoy going to the monthly meetings and looking forward to participating in other functions at Gilda's Club. I don't feel alone there.”

“Excellent facility, professional and caring staff! Programs to fulfill all kinds of wants and interests. I'm hoping Gilda's continues to forever be open and available. A very worthwhile establishment.”

“I really appreciate that through Gilda's I have a place to talk about how my life has been affected by cancer as a caregiver and that had cost me my daughter.. a treasured friend.. the support I have received has been so very important.”

### Leadership Gift

Crook, David

### Gift of Empowerment

Charlebois, Christine  
Currie, Don & Jean  
Martin, Steve and Jody  
McLaren Press Graphics Ltd.  
Stonemanor Woods  
Operating Corp

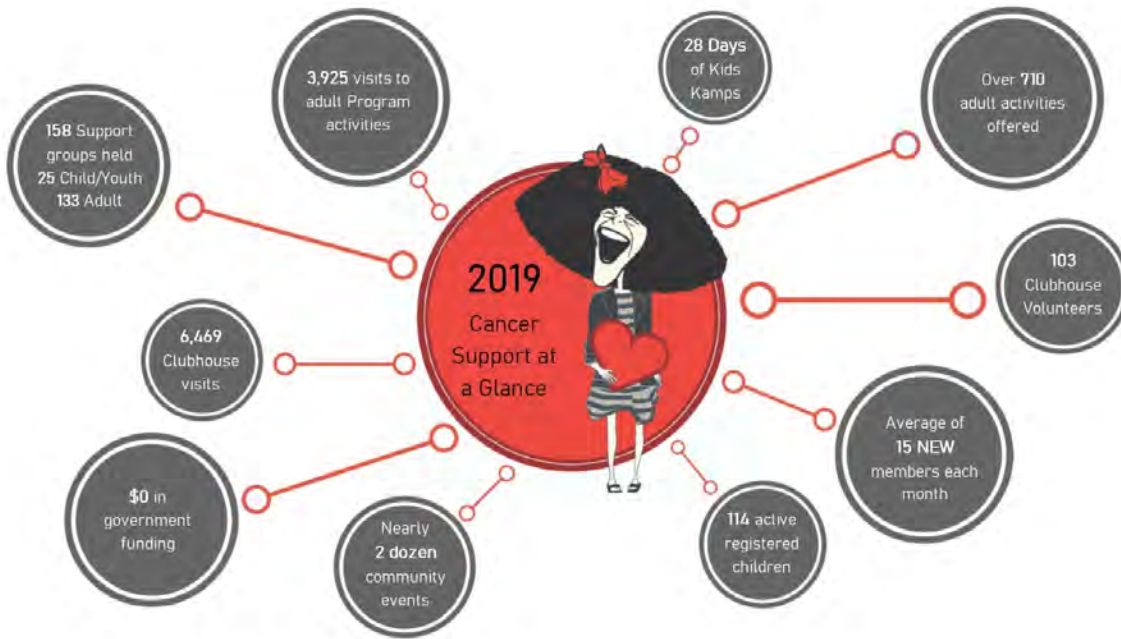
### Gift of Friendship

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White, Barbara & Jeff  
Young, Therese

“ Gilda’s Club has provided me with a much needed retreat away from the difficulties and challenges I have had to face throughout my journey. It is helpful to have a place to go where I can just relax for a while as well as find supportive and understanding people who are ready to help me in any way they can. ” - Gilda’s Club Member



**What our members say**

**97%**  
GCSM’s support group met their social and/or emotional needs

**100%**  
Felt support by and connected to their fellow Support Group Members

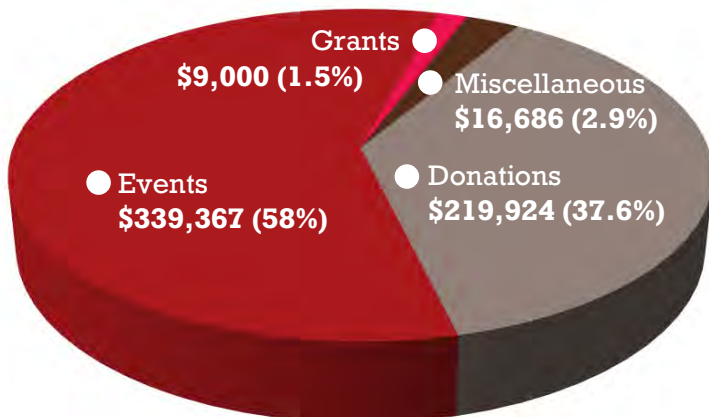
**99%**  
Wellness classes were beneficial to their overall health & wellness

**81%**  
Educational Workshops provided them with new information related to their cancer journey

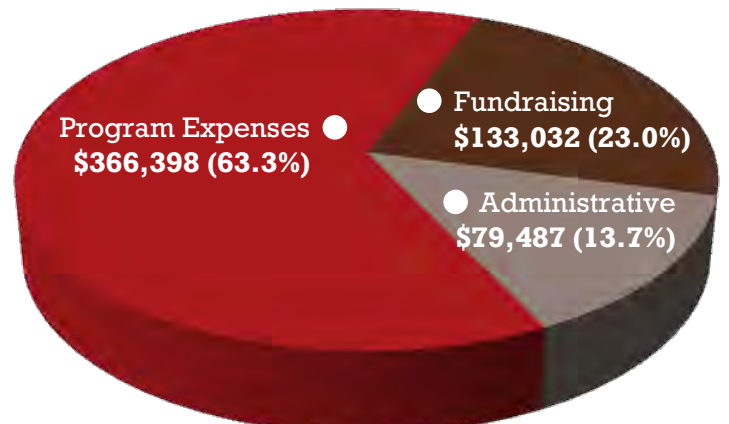
## 2019 Financials

Gilda’s Club relies on the Simcoe Muskoka community for support. All programs are free. Gilda’s Club Simcoe Muskoka is proud of the way it manages and safeguards the general contributions we received from donors, corporations, and other organizations.

**2019 Revenues**



**2019 Expenses**



*“There are those who open their hearts to others...who never think twice about giving of themselves. They are the wonderful warmhearted people who make all the difference in our lives.”*

– Gilda Radner



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Wild Wing South Barrie

## Gilda's Club Simcoe Muskoka

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