

June 2021



## A Garden of Hope

We collectively embrace the warm sunshine of late Spring and the gardens here at Gilda's Club Simcoe Muskoka are taking shape.

We are looking forward to seeing more people using and enjoying our grounds as the Province advances the vaccination program and permits more opportunities for our cancer community to connect once again.

We hope that you are all safe and enjoying every opportunity to get outside, and don't be afraid to stop by and say hello.

## 15<sup>th</sup> Annual Red Door Classic Golf Tournament

TITLE SPONSOR



Wednesday July 14th at Bear Creek Golf Club

Foursomes and sponsorship are now available. We will be offering 18 Holes of golf, power cart, welcome gift, lunch at the turn, prizes for skill (and blind luck), and a limited Silent Auction on selected holes.

GOLFER GIFT SPONSOR



FOOD & BEVERAGE SPONSOR



Tee Times start at 10:00 AM and proceed every 8 minutes until the field of golfers has started their round. Scramble format will be used and a team score entered on the scorecard.

CART SPONSOR



PUTTING CONTEST SPONSOR



PASSPORT SPONSOR



BEVERAGE CART SPONSOR



Full information is on our website, but you can also email [admin@gildasclubsm.org](mailto:admin@gildasclubsm.org) for any information or details!



VOLUNTEER SPONSOR

**RED DOOR GOLF  
50/50 RAFFLE  
FUNDRAISER**

MEDIA PARTNERS



**Our 50/50 raffle is back and draw will be done on Friday July 16<sup>th</sup> at noon.  
\$20 per ticket - maximum prize of \$10,000!**



# Virtual Clubhouse & Program Activities

# JUNE

MON	TUE	WED	THU	FRI
	1 10-10:45 Slow Flow Yoga	2 10-10:45 Journaling 1-2:30 Facing Forward Support 3-4 Qigong 6-6:45 Kids Grieve Too 7-7:45 Family Yoga 7-8:30 COVID & Cancer Support	3 10-10:45 Gentle Stretch 3:30-4:30 Let's Get Quizzical: Trivia Social 7:30-8:30 Mental Health Wellness in a Cancer & COVID-19 Context <i>6-week series</i>	4 1:30-2:30 Member Social
7 11:30-12:15 Pilates 7:30 - 8:30 Living With Loss Support 8:30-9:30 Rest & Restore Yoga	8 10-10:45 Slow Flow Yoga	9 10-10:45 Journaling 3-3:45 Qigong 6-6:45 Kids Grieve Too 7-8 Teens Connect 7-8:30 COVID & Cancer Support	10 10-10:45 Gentle Stretch 2-3 Chair Yoga & Meditation 6:30-7:30 Men's Social 7-8 Youth With Cancer Connect	11 1:30-2:30 Member Social
14 11:30-12:15 Pilates 3-4 Circle of Life Support 7-8:15 Family & Friends Support 7:30 - 8:30 Living With Loss Support 8:30-9:30 Rest & Restore Yoga	15 10-10:45 Slow Flow Yoga 7-8 Youth Self-Care Workshop	16 10-10:45 Journaling 1-2:30 Facing Forward Support 3-4 Qigong 4:30 - 5:15 Kids Mindfulness Series 6-7 Blood Cancer Networking 7-8:30 COVID & Cancer Support	17 10-10:45 Gentle Stretch 3:30-4:30 Let's Get Quizzical: Trivia Social 4:30 - 5:15 Cancer 101 For Kids 6:30-8 Supporting Youth Impacted by Cancer & Grief	18 1:30-2:30 Member Social
21 11:30-12:15 Pilates 8:30-9:30 Rest & Restore Yoga	22 10-10:45 Slow Flow Yoga	23 10-10:45 Journaling 1-2:30 The World of Tessellations 3-4 Qigong	24 10-10:45 Gentle Stretch 2-3 Chair Yoga & Meditation 6:30-7:30 Men's Social	25 1:30-2:30 Member Social
28 11:30-12:15 Pilates 3-4 Circle of Life Support 6-7:30 Brilliant Landscapes 7-8:15 Family & Friends Support 7:30 - 8:30 Living With Loss Support 8:30-9:30 Rest & Restore Yoga	29 10-10:45 Slow Flow Yoga 4:30-5:15 Gilda's Story Time 7:00-8:30 Breast Cancer Networking	30 10-10:45 Journaling 3-4 Qigong		

Questions or comments for our Cancer Support Program?

Email [program@gildasclubsm.org](mailto:program@gildasclubsm.org)!

## Thank You Michael

Michael Gleason has faithfully served Gilda's Club Simcoe Muskoka *before* there was a Gilda's Club Simcoe Muskoka. His latest term of volunteering as a Board Member has been completed and we are so thankful for his tireless service in support of our cancer community, and anyone impacted by cancer.

Thank you Michael for everything that you have made possible on both sides of the **Red Door**. We hope that this next chapter brings more birdies than bogeys, and that family brings many smiles to your face in the coming year.

You certainly helped put smiles on our face, and established an example for others in our community to follow!





# Kempfenfelt Rotary Club Car Lottery



Kempfenfelt Rotary Club

**Runner Up Prize**  
Solar Cottage System  
(API-OG-SC-R2, kit only)  
valued at  
**\$2,373.00**  
(including taxes, does not include installation, ESA permit or inspection)  
LIC #FAF 1201722

Buy your tickets at [winacar.kempfenfeltrotary.ca](http://winacar.kempfenfeltrotary.ca)

Imagine kicking off a long weekend at the cottage with your very own off-grid solar system!

Buy your ticket NOW at Kempfenfelt Rotary Car Lottery for your chance to win our Runner Up Prize package, including a Solar Cottage System, donated by Alternate Power International. Never get left in the dark!

(Note: The solar panel is not included in this image, but is included with the prize package).

Prize Draw is on Saturday July 31, 2021 - 2:00 p.m.

**Proceeds are directed to three local charities, including Gilda's Club Simcoe Muskoka**

## Daylilies - A Decade of Support

*Douglas Lycell Award 2020*  
**Extra Large Daylilies 2nd place**



**Shannon Howes Jurgens**      **John Clarke**

*Douglas Lycell Award 2020*  
**Best Extra Large Daylily**



**John Clarke & Tim Hobbs**

So many things to share with this one - I will start with *“limited while supplies last”*.

Closely follow that with “recently won a first prize and a second prize in the Ontario Daylily Society ‘Best Extra Large Seedling Contest’”.

Lastly I share the fact that John has been doing a sale of daylilies since 2009 and I want your help to sell the ~700 that he has this July and August. 50% of proceeds support Gilda's Club Simcoe Muskoka and every bloom helps our Cancer Support Program.

Visit his Facebook page [Clarke Farms Barrie](#) page to learn more about this event. John will be selling his perennial daylily seedlings as bare root plants starting in July for \$5 each.

They come in a variety of colours and patterns and can be picked up at his home and a secondary garden.

You can contact John at [jjclarke@rogers.com](mailto:jjclarke@rogers.com) for confirmation of location, time and availability (put July 15 in your calendars!)

Once seedlings start blooming, John will post a few photos each day!

*Thank you John for your long-time support!*



## Yoga and Cider Series

### Back by POPULAR demand!

Yoga and Cider last September was an absolute treat on the beautiful grounds of [Heritage Estates Winery and Cidery](#).

We are hosting a series at Heritage Estates and hope that Provincial and local Health Unit Restrictions permit Thursday, June 17<sup>th</sup> for our first edition, led by Carol Phillips!

We will be accepting a waiting list for Thursday, June 17<sup>th</sup> and confirm an outdoor event once able to do so. A July event date is also confirmed for July 15<sup>th</sup> at Heritage Estates.

Email [admin@gildasclubsm.org](mailto:admin@gildasclubsm.org) to be placed on the June and/or July waitlist. \$40 per person and will include Cider sampling courtesy of Heritage Estates and food sampling courtesy of Parkside's Corner Market.



## Buttertart Festival



We love all things local, and you will be hard-pressed to find anything with more colour, flavour, or history than The Buttertart!

Google it and see! Amazing things aside from Gilda's Club Simcoe Muskoka have grown to such fanfare, and we are going to celebrate the Buttertart and Gilda's Club with an amazing partner in Liberty North!

# LIBERTY NORTH

Click [HERE](#)  
to order yours **TODAY!!**

Pick up on June 11 & 12  
Don't wait for the last minute to order!

### BOARD OF DIRECTORS

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